

Spring 5K Results - PROVISIONAL

1	8/4/2026 19:01	0:15:57	310	Ashley Vora	Senior M	1st Male
2	8/4/2026 19:02	0:17:22	439	Steven hoath	MV35	
3	8/4/2026 19:03	0:17:36	382	Lewis Parsons	MV35	
4	8/4/2026 19:03	0:17:43	432	Shain Barker	Senior M	
5	8/4/2026 19:03	0:18:28	350	Henry Burchett	Senior	
6	8/4/2026 19:04	0:18:59	452	Will Withecombe	MV40	
7	8/4/2026 19:04	0:19:02	441	Stuart Johnstone	MV50	1st Vet Male
8	8/4/2026 19:04	0:19:19	365	Joe Moore	MV40	
9	8/4/2026 19:04	0:19:26	381	Lewis Betts	Senior M	
10	8/4/2026 19:05	0:19:33	426	Sabrina Holt	FV35	1st Female
11	8/4/2026 19:05	0:19:46	361	Jimmy Elford	MV45	
12	8/4/2026 19:05	0:19:48	354	Jake Turner	Senior M	
13	8/4/2026 19:05	0:19:53	393	Mark Dobbs	MV50	
14	8/4/2026 19:05	0:20:04	398	Matthew Ripley	MV50	
15	8/4/2026 19:05	0:20:11	312	Bradley Ripley	Senior M	
16	8/4/2026 19:06	0:20:43	438	Steve Stanley	MV60	
17	8/4/2026 19:06	0:21:02	408	Patrick Bermingham	Senior M	
18	8/4/2026 19:06	0:21:06	374	Kevin Davis	MV60	
19	8/4/2026 19:06	0:21:21	333	Eleanor Wood	Senior F	
20	8/4/2026 19:06	0:21:24	403	Neil Jeffries	MV65	
21	8/4/2026 19:06	0:21:25	400	Michael Norris	MV55	
22	8/4/2026 19:06	0:21:30	435	Simon Linklater	MV45	
23	8/4/2026 19:07	0:21:31	356	James Winder	MV40	
24	8/4/2026 19:07	0:21:52	397	Matthew Miller	MV55	
25	8/4/2026 19:07	0:21:52	343	Graeme Grass	MV55	
26	8/4/2026 19:07	0:21:59	409	Paul Burchett	MV50	
27	8/4/2026 19:07	0:22:10	395	Martin Turner	MV55	
28	8/4/2026 19:07	0:22:19	346	Hannah Eyre-Weeks	FV35	
29	8/4/2026 19:08	0:22:36	319	Christopher Anson	MV65	
30	8/4/2026 19:08	0:22:37	424	Robert Ian White	MV70	
31	8/4/2026 19:08	0:22:41	306	Andy Knight	MV60	
32	8/4/2026 19:08	0:22:59	311	Ben Sallows	MV50	
33	8/4/2026 19:08	0:23:04	384	Lindsey Jones	FV35	
34	8/4/2026 19:08	0:23:17	379	Laura Torrance	FV40	
35	8/4/2026 19:09	0:23:45	369	Karl Beaney	MV45	
36	8/4/2026 19:09	0:23:48	413	Peter Noakes	MV60	
37	8/4/2026 19:09	0:23:54	422	Rob Thomas	MV60	
38	8/4/2026 19:09	0:24:00	323	Darren Barzee	MV55	
39	8/4/2026 19:09	0:24:11	360	Jessica Hayward	Senior F	
40	8/4/2026 19:09	0:24:20	414	Peter Parr	MV45	
41	8/4/2026 19:09	0:24:22	401	Michelle Fox	FV45	
42	8/4/2026 19:09	0:24:25	332	Edward Montagu	MV35	
43	8/4/2026 19:09	0:24:30	421	Rebecca Barnes	FV55	1st Female Vet
44	8/4/2026 19:10	0:24:36	303	Allan G Payne	MV70	
45	8/4/2026 19:10	0:24:37	433	Shaun Utting	MV35	
46	8/4/2026 19:10	0:24:39	390	Lucy Fleming	FV50	
47	8/4/2026 19:10	0:24:39	368	Kamran Aslam	Senior M	
48	8/4/2026 19:10	0:24:40	418	Rachael Inns	FV40	
49	8/4/2026 19:10	0:24:42	363	Jo French	FV60	
50	8/4/2026 19:10	0:24:43	327	David Fairclough	MV50	
51	8/4/2026 19:10	0:24:46	316	Charles Bowley	MV55	
52	8/4/2026 19:10	0:24:50	415	Philippa Elford	FV35	
53	8/4/2026 19:10	0:25:02	386	Louise Cavill	FV40	

54	8/4/2026 19:10	0:25:05	404	Nick Webb	FV65	
55	8/4/2026 19:10	0:25:19	399	Melissa Samuels	Senior F	
56	8/4/2026 19:10	0:25:22	366	Jon Smalldon	MV45	
57	8/4/2026 19:10	0:25:25	430	sean dwyer	Senior M	
58	8/4/2026 19:10	0:25:26	411	Paul Rackstraw	MV65	
59	8/4/2026 19:10	0:25:27	372	Keith Goodsell	MV60	
60	8/4/2026 19:10	0:25:28	396	Martin woodward	MV55	
61	8/4/2026 19:11	0:25:31	309	Ashley Thomas	Senior M	
62	8/4/2026 19:11	0:25:39	394	Mark Rodrigues	MV45	
63	8/4/2026 19:11	0:25:41	371	Katie Gurr	Senior F	
64	8/4/2026 19:11	0:25:44	313	Carly Elliston	FV35	
65	8/4/2026 19:11	0:25:50	324	Darren Tuppen	MV60	
66	8/4/2026 19:11	0:25:52	348	Harvey Thomas	MV50	
67	8/4/2026 19:11	0:25:54	342	Gillian Selman	FV50	
68	8/4/2026 19:11	0:25:55	302	Alison Colley	FV45	
69	8/4/2026 19:11	0:26:01	380	Leigh Yates	MV45	
70	8/4/2026 19:11	0:26:07	417	Piers Brunning	MV65	
71	8/4/2026 19:11	0:26:12	344	Guy Ramage	MV55	
72	8/4/2026 19:11	0:26:16	304	Andrew Fleming	MV65	
73	8/4/2026 19:11	0:26:18	410	Paul Moir	MV50	
74	8/4/2026 19:11	0:26:24	437	Steve Power	MV55	
75	8/4/2026 19:12	0:26:31	305	Andy Alabaster	MV65	
76	8/4/2026 19:12	0:26:39	454	William Poore	Senior M	
77	8/4/2026 19:12	0:26:41	357	Jane Caley	FV45	
78	8/4/2026 19:12	0:26:47	377	Klare Beecroft	FV45	
79	8/4/2026 19:12	0:26:59	359	Janice Young	FV65	
80	8/4/2026 19:12	0:27:03	434	Sidney ewing	MV35	
81	8/4/2026 19:12	0:27:04	376	Kirsty Marsden	FV40	
82	8/4/2026 19:12	0:27:05	387	Louise Hart	FV45	
83	8/4/2026 19:12	0:27:15	378	Laura Stapley	FV35	
84	8/4/2026 19:12	0:27:25	349	Helen Austin	FV60	
85	8/4/2026 19:12	0:27:29	445	Sue Wilkinson	FV55	
86	8/4/2026 19:13	0:27:38	406	Nigel Thornely	MV55	
87	8/4/2026 19:13	0:27:51	407	Olivia Gale	Senior F	
88	8/4/2026 19:13	0:27:51	341	Gavin Parks	MV40	
89	8/4/2026 19:13	0:27:59	355	James Hooper	MV50	
90	8/4/2026 19:13	0:28:16	335	Emma Edmunds	FV40	
91	8/4/2026 19:13	0:28:16	431	Sean Edmunds	MV50	
92	8/4/2026 19:13	0:28:22	331	Debra van Aalst	FV65	
93	8/4/2026 19:13	0:28:29	322	Daniel Ratnarajah	MV55	
94	8/4/2026 19:14	0:28:32	328	David Fletcher	MV45	
95	8/4/2026 19:14	0:28:45	308	Annette Fry	FV55	
96	8/4/2026 19:14	0:28:47	444	Sue Palmer	FV60	
97	8/4/2026 19:14	0:29:04	405	Nicky Eccles	MV45	
98	8/4/2026 19:14	0:29:10	330	Deanne Smith	FV60	
99	8/4/2026 19:14	0:29:13	339	Frank Mannering	MV65	
100	8/4/2026 19:14	0:29:14	367	Julia James	FV65	
101	8/4/2026 19:14	0:29:21	392	Maria Woodward	FV60	
102	8/4/2026 19:14	0:29:23	326	Dave Hempshall	MV45	
103	8/4/2026 19:14	0:29:25	457	Victoria Prestney-Vaug	FV40	
104	8/4/2026 19:15	0:29:35	453	William Edmondson	MV65	
105	8/4/2026 19:15	0:29:38	370	Kate Lewis	FV50	
106	8/4/2026 19:15	0:29:43	383	Lindsey Archer	FV40	
107	8/4/2026 19:15	0:29:54	442	Su Sparkes	FV50	

108	8/4/2026 19:15	0:30:18	391	Mandy Ward	FV60	
109	8/4/2026 19:16	0:30:31	443	Sue Andrews	FV55	
110	8/4/2026 19:16	0:30:32	440	Steven Uzzell	MV75	
111	8/4/2026 19:16	0:30:36	449	Tracy Ratnarajah	FV60	
112	8/4/2026 19:16	0:30:36	429	Scott Hilton	MV50	
113	8/4/2026 19:16	0:30:40	436	Simon Woroniecki	MV45	
114	8/4/2026 19:16	0:30:53	362	Jo Edwards	FV60	
115	8/4/2026 19:16	0:30:59	412	Peter Harding	MV70	
116	8/4/2026 19:16	0:31:00	416	Philippa Windsor	FV45	
117	8/4/2026 19:16	0:31:06	314	Catherine Jones	FV65	
118	8/4/2026 19:16	0:31:15	455	Yockie Richardson	FV80	
119	8/4/2026 19:16	0:31:20	315	Caz Hall	FV45	
120	8/4/2026 19:16	0:31:21	336	Emma Snashfold	Senior F	
121	8/4/2026 19:17	0:31:56	446	Susan Yates	FV45	
122	8/4/2026 19:17	0:32:00	388	Louise Moor	FV45	
123	8/4/2026 19:17	0:32:00	364	Jodie Eglington	Senior F	
124	8/4/2026 19:17	0:32:26	320	Christopher white	Senior M	
125	8/4/2026 19:17	0:32:30	402	Mike Ellis	MV75	
126	8/4/2026 19:17	0:32:30	317	Chloe Sinden	Senior F	
127	8/4/2026 19:18	0:32:42	375	Kirstie Carlton-Blake	FV50	
128	8/4/2026 19:18	0:33:17	318	Christine Sanderson	FV80	
129	8/4/2026 19:19	0:33:41	347	Hannah Roberts	Senior F	
130	8/4/2026 19:19	0:33:47	300	Adam holland	MV35	
131	8/4/2026 19:19	0:34:06	351	Henry Mann	MV65	
132	8/4/2026 19:19	0:34:07	447	Tom Mann	Senior M	
133	8/4/2026 19:20	0:34:45	329	Davinia Hill	FV55	
134	8/4/2026 19:20	0:34:48	448	Tony Skinner	MV60	
135	8/4/2026 19:20	0:34:49	456	Charlotte Brooker	Senior F	
136	8/4/2026 19:20	0:35:08	345	Hannah Barnes	Senior F	
137	8/4/2026 19:20	0:35:08	419	Rachel Gower	FV35	
138	8/4/2026 19:20	0:35:22	301	Alicia Aling	FV40	
139	8/4/2026 19:20	0:35:28	334	Ellie Miller	FV50	
140	8/4/2026 19:21	0:35:54	428	Sarah Denman	FV40	
141	8/4/2026 19:22	0:36:44	451	Will Sherwood	MV50	
142	8/4/2026 19:24	0:39:27	425	Rukayya Quin	Senior F	
143	8/4/2026 19:24	0:39:27	420	Rachel Palmer	FV40	
144	8/4/2026 19:28	0:42:39	423	Robert Clark	MV70	
145	8/4/2026 19:28	0:52:13	352	Henry Worthington	MV55	