

## HASTINGS 5 MILER CLUB RECORDS

| RACE | MALE           | YEAR | TIME  |      | FEMALE              | YEAR | TIME  |
|------|----------------|------|-------|------|---------------------|------|-------|
| JM   | James Western  | 2011 | 31:12 | JF   | Rowan Barton Dibble | 2024 | 37:46 |
| SM   | Matt Edmonds   | 2019 | 27:37 | SM   | Yolanda King        | 2024 | 30:24 |
| MV40 | Colin White    | 2023 | 29:39 | FV40 | Claire Thomas       | 2025 | 36:17 |
| MV45 | Nick Brown     | 2007 | 28:22 | FV45 | Riz Maslen          | 2015 | 32:41 |
| MV50 | David Marshall | 2017 | 30:17 | FV50 | Debbie Humbles      | 2017 | 35:12 |
| MV55 | Martin Noakes  | 2019 | 31:00 | FV55 | Sarah Marzaioli     | 2007 | 39:06 |
| MV60 | Andy Lee       | 2018 | 31:56 | FV60 | Sylvia Huggett      | 2013 | 39:08 |
| MV65 | Mike Foord     | 2007 | 35:04 | FV65 | Jane Hughes         | 2024 | 42:24 |
| MV70 | John Alexander | 2006 | 37:25 | FV70 | Yock Lin Richardson | 2017 | 46:43 |
| MV75 | Steve Uzzell   | 2024 | 49:05 | FV75 | Sarah Marzaioli     | 2024 | 46:52 |
| MV80 |                |      |       | FV80 | Christine Sanderson | 2024 | 52:11 |
| MV85 |                |      |       | FV85 |                     |      |       |

