

HASTINGS RUNNERS SPRING 5K				24/04/24
Pos	Name	Time	Age Cat	
1	FINLAY GOODMAN	00:15:31	JM	1st Male
2	MICHAEL MAXWELL	00:16:08	SM	
3	FINLAY GARLICK	00:16:57	SM	
4	OLIVER GOODMAN	00:16:57	JM	
5	SAM EVANS	00:17:31	SM	
6	CHRIS BARRACLOUGH	00:18:12	SM	
7	LEO CACCIATORE	00:18:19	M45	
8	ADAM WELLER	00:18:25	M35	
9	BEN MCNEILL	00:18:31	SM	
10	SAM DAVIES	00:18:54	M40	
11	DARREN BARZEE	00:18:56	M55	1st M50+
12	LEWIS PARSONS	00:19:04	M35	
13	MARTIN SNAPE	00:19:11	M35	
14	KIERAN PRICE	00:19:15	M50	
15	TREVOR BRIGGS	00:19:21	M50	
16	GEORGE MARSHALL	00:19:28	M40	
17	HENRY BURCHETT	00:19:29	JM	
18	SIMON LINKLATER	00:19:34	M40	
19	JAKE STEWART	00:19:45	SM	
20	CLAIRE THOMAS	00:19:57	F35	1st Female
21	DAVE TURNER	00:20:04	M50	
22	CONAL TRACEY	00:20:25	M60	
23	STEVEN STANLEY	00:20:29	M60	
24	LUKE DONAGHEY	00:20:32	M40	
25	MATTHEW RIPLEY	00:20:34	M45	
26	PATRICK BERMINGHAM	00:20:56	SM	
27	CHRIS PIPER	00:21:01	M40	
28	WILL HAYWOOD	00:21:14	SM	
29	MATTHEW BUTTON	00:21:15	M40	
30	GRAEME GRASS	00:21:16	M55	
31	NICK ATTWOOD	00:21:24	M40	
32	MARTIN TURNER	00:21:27	M50	
33	JAMIE KENNEDY	00:21:28	M40	
34	BEN MUGGRIDGE	00:21:29	M40	
35	SARAH BENDLE	00:21:33	F45	
36	JOE CRUTTENDEN	00:21:35	M40	
37	NEIL JEFFRIES	00:21:54	M60	
38	SIMON TREVENA	00:21:59	M50	
39	COL TURNER	00:22:08	M40	
40	MANAMI CHEVES	00:22:17	F55	1st F50+
41	DARRYL ALEXANDER	00:22:19	M55	
42	DAVID TOWNSHEND	00:22:19	M45	
43	NICKI STEED	00:22:21	SF	
44	ROBERT WEEKS	00:22:30	JM	
45	ROBERT WHITE	00:22:50	M65	
46	KARL BEANEY	00:23:05	M40	
47	BORIS ATANASOV	00:23:06	M55	
48	SEAN DWYER	00:23:33	SM	
49	WILL WITHECOMBE	00:23:33	M35	
50	ALICE TIGWELL	00:23:40	F35	
51	ANDY ALABASTER	00:23:41	M60	
52	JO LAMBOURNE	00:23:42	F45	
53	PAUL RACKSTRAW	00:23:44	M65	
54	RACHAEL INNS	00:23:46	F40	

55	FERNANDO MATTIUCCI	00:23:48	M35	
56	CHARLES BOWLEY	00:24:05	M55	
57	KEITH GOODSSELL	00:24:33	M60	
58	LUCIE SMITALOVA	00:24:34	F40	
59	GUY RAMAGE	00:25:06	M55	
60	JESSICA CULL	00:25:15	F45	
61	RUTH SPILLER	00:25:24	F55	
62	BILL EDMONDSON	00:25:30	M65	
63	JAN YOUNG	00:25:51	F60	
64	LINDSEY JONES	00:25:53	F35	
65	MARK RODRIGUES	00:25:54	M45	
66	NICK WEBB	00:25:58	M65	
67	ESMEE RUSSELL	00:26:18	F40	
68	JO FRENCH	00:26:29	F55	
69	ALISON GRAY	00:26:55	F40	
70	JACKIE SCOTT	00:26:58	F50	
71	DEBRA VAN AALST	00:26:59	F60	
72	HELEN CASSELL	00:27:00	F40	
73	PAUL WADHAM	00:27:13	M55	
74	NIGEL THORNELY	00:27:20	M55	
75	SUE QUINCEY	00:27:27	F55	
76	MARIE APPLETON	00:27:33	F45	
77	SUSAN WILKINSON	00:27:37	F50	
78	JAMES GRAHAM	00:27:47	M55	
79	SHANA BURCHETT	00:27:56	F50	
80	KLARE BEECROFT	00:28:11	F40	
81	KAYLA QUINNELL	00:28:31	F45	
82	MARIA NEWSTEAD	00:28:32	SF	
83	DARREN TUPPEN	00:28:42	M55	
84	SCOTT HILTON	00:28:56	M50	
85	KRISTA BARZEE	00:29:03	F50	
86	KEVIN BLOWERS	00:29:04	M60	
87	DANNY RATNARAJAH	00:29:14	M50	
88	SHARON WADHAM	00:29:17	F55	
89	SARAH GOODMAN	00:29:21	F45	
90	TRACY RATNARAJAH	00:29:27	F60	
91	SUE PALMER	00:29:29	F60	
92	ALEX MOORE	00:29:36	SM	
93	CATHERINE JONES	00:29:45	F65	
94	DEANNE SMITH	00:29:45	F60	
95	REBECCA RICHARDSON	00:29:46	F45	
96	SU SPARKES	00:29:51	F50	
97	CHRIS WHITE	00:30:10	SM	
98	CHRISTINE SANDERSON	00:30:17	F80	
99	ALAN CROUCHER	00:30:43	M65	
100	MARK DUNN	00:30:51	M60	
101	PETER HARDING	00:30:58	M70	
102	JO EDWARDS	00:31:12	F60	
103	ADAM HOLLAND	00:31:36	M35	
104	SUSAN MANN	00:31:57	F65	
105	IRENE KITSON	00:32:08	F70	
106	DAVINIA HILL	00:32:36	F55	
107	ELLIE MILLER	00:32:38	F50	
108	RACHEL GOWER	00:33:19	SF	
109	VICKY PRESTNEY-VAUGHAN	00:33:24	F40	
110	ABI CLARKE	00:33:32	F35	

111	JOANNE FELLOWS	00:34:47	F50	
112	ERICA WILSON	00:35:16	F75	
113	LORRAINE ASHBY	00:36:31	F50	
114	LENA KING	00:37:08	F50	
115	SHELLEY ROSATI	00:37:12	F50	
116	ARRIANNE CALLOW	00:37:18	F60	
117	CATHERINE SOUTHGATE	00:46:49	F45	
118	CHRISTINE RACKSTRAW	00:46:50	F60	Sweep
119	HENRY WORTHINGTON	00:48:53	M50	
120	BOB DENNIS	00:48:53	M75	
121	SUSAN RAE	00:48:53	F60	