

HASTINGS RUNNERS WINTER 5K				12/11/23
Pos	Name	Time	Age Cat	
1	Will Withecombe	00:16:56	M35	1 st Male
2	Ashley Vora	00:16:57	SM	
3	Jack Madden	00:17:21	M40	
4	Finlay Garlick	00:17:41	SM	
5	Sam Evans	00:18:45	SM	
6	Steven Hoath	00:18:49	M35	
7	Martin Snape	00:18:55	M35	
8	Kieran Price	00:19:00	M50	1 st MV50
9	Trevor Briggs	00:19:15	M50	
10	Sam Davies	00:19:27	M40	
11	Martin Noakes	00:19:39	M60	
12	Lewis Betts	00:19:43	JM	
13	Chris Brandt	00:19:48	M55	
14	Matthew Ripley	00:19:56	M45	
15	Darren Barzee	00:20:19	M55	
16	Simon Newstead	00:20:30	M40	
17	Graeme Grass	00:20:43	M55	
18	Kevin Blowers	00:20:54	M60	
19	Andy Knight	00:20:58	M60	
20	Conal Tracey	00:21:36	M60	
21	Martin Turner	00:21:58	M50	
22	Joe Cruttenden	00:22:00	M40	
23	Chris Fowler	00:22:09	M65	
24	Ben Sallows	00:22:28	M45	
25	Romey Jondorf	00:22:34	JM	
26	Adrian Barratt	00:23:01	M45	
27	Neil Jeffries	00:23:05	M60	
28	Amanda Link	00:23:07	F50	1 st Female
29	David Harding	00:23:18	M65	
30	Lucie Smitalova	00:23:30	F35	
31	Andy Alabaster	00:23:31	M60	
32	Sue Hull	00:23:56	F50	1 st FV50
33	Nick Attwood	00:24:09	M40	
34	David Witcombe	00:24:17	M40	
35	Alice Tigwell	00:24:29	SF	
36	Anna Baker	00:24:43	F40	
37	Sally Grainger	00:24:46	F60	
38	Keith Goodsell	00:24:47	M60	
39	Sean Dwyer	00:25:04	SM	
40	Berenice Consavela	00:25:13	F35	
41	Nick Webb	00:25:16	M65	
42	Scott Thirkettle	00:25:19	M40	
43	Ruth Spiller	00:25:25	F55	
44	Rob Thomas	00:25:28	M60	
45	Jess Hayward	00:25:30	SF	
46	Simon Linklater	00:25:33	M40	
47	Adrian Spence	00:25:39	M45	
48	Jan Young	00:25:46	F60	
49	Lia Thomson	00:25:58	SF	
50	Jessica Cull	00:26:06	F45	
51	Marie Appleton	00:26:07	F45	
52	Nigel Thornely	00:26:12	M55	
53	Sue Wilkinson	00:26:40	F50	
54	Jackie Scott	00:27:28	F50	

55	Lindsey Jones	00:27:33	F35	
56	Mark Rodrigues	00:27:45	M45	
57	Su Sparkes	00:28:34	F50	
58	Mike Ellis	00:28:40	M75	
59	Klare Beecroft	00:28:43	F40	
60	Allison Tanner	00:28:52	F55	
61	Rose Rawdha	00:28:58	F35	
62	Helen Cassell	00:29:00	F40	
63	Kayla Quinnell	00:29:02	F45	
64	Deborah Morgan	00:29:05	F50	
65	Kate Lewis	00:29:09	F45	
66	Yockie Richardson	00:29:18	F75	
67	Catherine Jones	00:29:22	F65	
68	Christine Sanderson	00:29:26	F80	
69	Scott Hilton	00:29:26	M50	
70	Piers Brunning	00:29:42	M60	
71	Paul Hope	00:29:48	M65	
72	Al Moore	00:29:52	SM	
73	Krista Barzee	00:30:11	F50	
74	Lauren Coleman	00:30:35	F40	
75	Sue Palmer	00:30:39	F60	
76	Davinia Hill	00:33:22	F55	
77	Ellie Miller	00:33:39	F50	
78	Lorraine Ashby	00:33:59	F50	
79	Caz Hall	00:34:09	F45	
80	Mark Smith	00:34:37	M60	
81	Terry Kitson	00:37:20	M70	
82	Mya Gower	00:38:02	JF	
83	Rachel Gower	00:38:02	SF	
84	Irene Kitson	00:38:17	F70	
85	Erica Wilson	00:39:12	F75	
86	Henry Worthington	00:39:28	M50	
87	Charles Bowley	00:39:31	sweep	