

	Hastings Seafront 10k	01/10/23	
Pos	Name	Gun Time	Chip Time
2	Will Withecombe	00:35:34	00:35:33
3	Ashley Vora	00:37:28	00:37:27
7	Paul Lambert	00:39:45	00:39:43
8	Trevor Briggs	00:41:05	00:41:02
11	Richard Towner-Roethe	00:41:47	00:41:45
15	Zoe Fairclough	00:42:41	00:42:38
16	Chris Fuggle	00:43:50	00:43:47
18	Andy Knight	00:44:15	00:44:12
20	Col Turner	00:45:12	00:45:05
21	George Marshall	00:45:24	00:45:21
23	Jake Stewart	00:45:30	00:45:25
24	Kevin Blowers	00:46:05	00:46:03
25	Matthew Miller	00:46:30	00:46:23
30	Stephen Ingram	00:47:35	00:47:29
31	Jamie Kennedy	00:47:43	00:47:40
34	Dave Wood	00:48:59	00:48:51
35	Ben Sallows	00:49:07	00:48:59
41	David Harding	00:49:27	00:49:24
45	Tamsin West	00:50:36	00:50:32
46	Adrian Barratt	00:51:46	00:51:39
50	Lucie Smitalova	00:52:04	00:51:49
52	Berenice Consavela	00:52:13	00:52:05
54	Sarah Stewart	00:52:31	00:52:26
56	Nick Webb	00:52:44	00:52:36
62	Keith Goodsell	00:53:43	00:53:34
64	Rachael Inns	00:53:56	00:53:50
67	Robert Weeks	00:54:01	00:53:48
71	Jessica Hayward	00:54:18	00:54:13
73	Fatima Serhir	00:54:28	00:54:24
79	Sean Dwyer	00:55:41	00:55:32
81	Jo French	00:56:45	00:56:34
82	Marie Appleton	00:56:51	00:56:34
84	Kelly Derosa	00:57:18	00:57:01
99	Scott Hilton	01:00:05	00:59:55
100	Lindsey Jones	01:00:26	01:00:06
101	Jacqueline Scott	01:00:29	01:00:15
109	Darren Tuppen	01:02:18	01:02:06
110	Craig Weeks	01:02:41	01:02:28
111	Catherine Jones	01:02:42	01:02:35
113	Su Sparkes	01:03:19	01:03:12
117	Helen Austin	01:04:32	01:04:12
121	Adam Holland	01:06:53	01:06:38
123	Al Moore	01:07:09	01:06:55
124	Krista Barzee	01:07:15	01:06:57
133	Kayla Quinnell	01:08:11	01:07:54
136	Caz Hall	01:10:53	01:10:40
137	Lisa Hawkins	01:11:00	01:10:39
140	Susan Mann	01:11:14	01:10:57
143	Hayley Ranson	01:14:13	01:13:51
144	Catherine Southgate	01:15:04	01:14:42
149	Erica Wilson	01:17:38	01:17:17
150	Ellie Miller	01:19:13	01:18:52
151	Rachel Gower	01:19:14	01:18:52