

Cat	Name	Time	Year
JM	James Western	31:12	2011
JF	Grace Shepherd	47:31	2017
SM	Matt Edmonds	27:37	2019
SF	Yolanda King	32:23	2022
MV40	Colin White	29:39	2023
FV40	Lynette Adams	37:32	2013
MV45	Nick Brown	28:22	2007
FV45	Riz Maslen	32:41	2015
MV50	David Marshall	30:17	2017
FV50	Debbie Humbles	35:12	2017
MV55	Martin Noakes	31:00	2019
FV55	Sarah Marzaioli	39:06	2007
MV60	Andy Lee	31:56	2018
FV60	Sylvia Huggett	39:08	2013
MV65	Mike Foord	35:04	2007
FV65	Sylvia Huggett	44:07	2019
MV70	John Alexander	37:25	2006
FV70	Yock Lin Richardson	46:43	2017
MV75	Albert Clark	49:58	2023
FV75	Christine Sanderson	48:29	2022